

# IN SQUADS NEWSLETTER

June 2024

*SOCIAL INCLUSION THROUGH FOOTBALL*



**We are pleased to officially present the first newsletter of the In Squads project. With this and the following newsletters, we intend to inform you of all the recent activities of the Project, and the future actions that we will carry out."**

## ABOUT THE PROJECT

The In Squads project fights for the social integration of minors through the practice of football. It was born with the idea of working in pairs in each participating country. These binomials are made up of a football entity (club or federation) and a social organization with experience in working with minors at risk of social exclusion.

The objective is for all partners to obtain the knowledge and tools necessary to care for 1,250 boys and girls between 6 and 8 years old who are at risk of social exclusion.



## OUR TEAM

[Federación de Fútbol de la Región de Murcia - .Spain.](#)

[Columbares Association. - Spain](#)

[Sevilla University – Spain.](#)

[Klub Sportowy Beniaminek 03 - Poland.](#)

[Powiat Starogardzki – Poland.](#)

[Club for youth Empowerment 018- Serbia](#)

[Football club Nacional Nis - Serbia.](#)



*The University of Seville is developing a training plan for coaches and social mediators with an innovative methodology of social integration, included in the theoretical framework of "Sport for development". From this training, the sports entity and social entity binomials will work together, including this methodology in football activity..*



## FIRST MEETING OF OUR PARTNERS IN MURCIA

Last January 23rd, 2024, a welcome event and working day took place in Murcia with full attendance of all project partners.

Mr. José Miguel Monje Carrillo, president of the FFRM, welcomed all the participants and celebrated the launch of the In-Squads Project.



### *During the working day*

The University of Seville presented an overview of the project and a schedule of the educational program for coaches that they are going to design and implement.

The In Squads Steering Committee was established to ensure maximum coordination and supervision of activities.

Furthermore, the social entities of each participating country explained, the common methodology used to study the needs of minors in each region.

The ultimate goal is for each partner to adapt their actions, to the socio-cultural and economic reality of their territory.

The sports clubs of each partner country presented, the sports methodology that will be used in the weekly football training sessions with the participating boys and girls.

Finally, FFRM presented a plan of activities aimed at disseminating information about the project and its results, as well as maximizing its impact. Also highlighted the importance of giving visibility to EU funding.

## NEEDS RESEARCH

To design a work plan appropriate to the specific needs of these boys and girls, we have carried out a study of the families economic environment, their employment situation, their general health situation, as well as social protection.

The schooling situation of the minors, their self-esteem, resilience and social skills have also been evaluated.

This study has been directed by the social entities of each participating country and the University of Seville.

We intend to establish a baseline of the general socioeconomic situation of the minors, and their families, who live in the areas covered by the project activities.

To understand these needs, we have used primary (standardized questionnaires and focus groups) and secondary (documentary research) sources of information.

“Sport has the power to change the world;  
it has the power to inspire,  
to unite people”.

### *The information we obtain*

through focus groups with coaches allows us to assess their intervention skills with children, as well as their needs when it comes to implementing such intervention.

Through desk research, we collected key information on the current legislation and policy framework for children's and youth sport and sports clubs in the three countries, as well as relevant and up-to-date statistical data.

The final purpose is to adapt the action plan of each social entity-sports entity binomial to the sociocultural and economic reality of their country.



## *Between April and September*



We are going to complete the educational package with a learning program for trainers and social mediators that will allow them to:

- ❖ Transfer the knowledge acquired to sports training and other social activities with minors.
- ❖ Develop social skills in boys and girls
- ❖ Help children improve their self-esteem.
- ❖ Strengthen children's ability to adapt to changes.
- ❖ Create a more inclusive feeling in your environment.
- ❖ Improve the inclusion of children in need and their families.

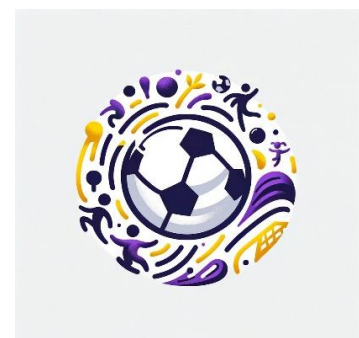


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