



IN SQUADS



Co-funded by  
the European Union

## CONSORTIUM

**Football Federation Region of Murcia**

Murcia, Spain

**Columbares Association**

Murcia, Spain

**University of Seville**

Seville, Spain

**Beniaminek 03 Sports Club**

Estarogard Gdanski, Poland

**Powiat Municipality**

Estarogard Gdanski, Poland

**Club for youth Empowerment 018**

Nis, Serbia

**Football club Nacional Nis**

Nis, Serbia

**Aalborg Football Club**

Aalborg Ost, Denmark

# INCLUSION THROUGH FOOTBALL





## ABOUT THE PROJECT

The In Squads project promotes football as a tool for social inclusion. It applies a methodology based on the Sport for Development paradigm, as defined by international organizations such as UNICEF and the UN; and, in the EU's vision of sport, as a vehicle for inclusion and social transformation.

It seeks to improve the quality of life of minors, aged between 6 and 12 who are at risk of social exclusion, increasing the quantity and quality of their participation in community activities through sports and social training.

Professionals, specifically trained, will guide these boys and girls in the practice of football and in a greater involvement in the communities in which they reside, to reduce their isolation, facilitate integration into their natural group, increase their self-esteem and strengthen their personal resources. Training in civic values, the acquisition of healthy habits, the development of socio-emotional, interpersonal and resilience skills will be present throughout the process.

In Squads is organised in pairs made up of a football entity (club or federation) and a social organisation with experience in working with minors at risk of exclusion, in each country. It is intended that the synergies derived from this methodology will allow the acquisition of the socio-sporting skills necessary to serve 1250 minors.

# PROJECT GOALS

- Promote the inclusion of diversity through socio-sporting methodology.
- Generate safe, inclusive play spaces where children feel safe and can develop their potential.
- Promote the development of socio-emotional skills and resilience through football in children.
- Promote all forms of non-discrimination in sport.
- Train coaches in a socio-sporting methodology of Sport for Development that will complement the sports training they already have.
- Disseminate the results of the pilot and training programme for future reproducibility and exploitation of the results.